

Music & Movement Activities

Move freely to fast
and slow music

Do the Hokey Pokey

Freeze dance
activity

Scarf dancing

Play Simon Says
with singing or
rhythm instruments

March to the music

Put on a parade
with homemade
instruments

Listen to Flight of
the Bumblebee and
buzz around the
room

Shakers

Tap the beat along
with The Ants Go
Marching

Ring Around a
Rosie and other
circle songs

Add actions to The
Wheels on the Bus

If You're Happy and
You Know It

Teddy Bear, Teddy
Bear action song

Head, Shoulders,
Knees, and Toes
action song

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